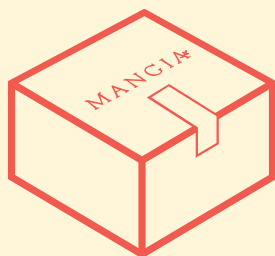


MANGIA 

SINCE 1981


CATERING

BOXED



ORDER ONLINE AT WWW.MANGIA.NYC

(gf) = gluten-free

 = vegan

(veg) = vegetarian

MANGIA

Buon Appetito!
PREPARED WITH
GLOVES AND LOVE

INGREDIENTS
...
PREPARED WITH GLOVES AND LOVE
Barbi

BREAKFAST BOXES

1



+



+



= \$16

BREAKFAST SANDWICH

DRINK

2



+



+



+



= \$16

MINI PASTRY

YOGURT OR
FRUIT SALAD

DRINK

3



+



+



= \$16

TARTINE

DRINK

BREAKFAST SANDWICHES

choose from:

STRAPAZZATE PANINI

EGGS ON BRIOCHE (veg)

EGG WHITE WRAP (veg)

OPEN-FACE TARTINES

choose from:

AVOCADO & CUCUMBER TOAST ^{gf}

with tahini, lemon juice, red pepper flakes, salt, and black pepper on multi-seed toast

SWEET & SALTY TOAST (veg)

with Neufchatel cheese, fresh figs, honey, and sea salt flakes on rye toast

AVOCADO & EGG TOAST (veg)

with hard-boiled egg, micro greens, chia seeds, lemon juice, olive oil, and sea salt flakes on multi-grain toast

SMOKED SALMON TOAST

with crème fraîche, cucumber, red radish, and chives on sunflower toast

DRINKS

choose from:

GREEN GODDESS ^(gf)

kale, Swiss chard, spinach, celery, apple, lemon, ginger

FRESHLY SQUEEZED ORANGE JUICE ^(gf)

BOXED WATER

CUPS

GREEK YOGURT (veg, gf)

with gluten-free granola
and berries

FRUIT CUP ^(gf)

MINI PASTRIES

choose from:

CROISSANT (veg)

BLUEBERRY SCONE (veg)

MANGIA

Buongiorno!
PREPARED WITH
GLOVES AND LOVE



MANGIA
MCMLXXXI

**GREEN
GODDESS**

kale, swiss chard,
spinach, celery,
apple, lemon, ginger

MANGIA, 50W 57TH, NY 10019
MADE TODAY, ENJOYED TODAY



LUNCH BOXES



SANDWICHES

choose from:

AVOCADO & GREEN TOMATO ^(v)

vegan mozzarella, cucumber, shishito peppers, micro greens, herb aioli, romaine, on Tuscan flatbread

TUNA SALAD

albacore tuna, romaine, tomatoes, watercress, on whole wheat sourdough bread

ITALIAN HERO

sopressata, salami, coppa ham, prosciutto, roasted peppers, aged balsamic vinegar, provolone, on ciabatta roll

FRESH MOZZARELLA ^(veg)

cucumber, romaine, tomato, avocado, black pepper mayonnaise, on a house-made olive roll

SMOKED TURKEY BREAST

cucumber, watercress, herb mayonnaise, on pumpkinnickel bread

HERB ROASTED CHICKEN

watercress, tomato, herb mustard, on Tuscan flatbread

ROASTED VEGETABLE ROLLATINI ^(veg)

sauteed spinach, roasted eggplant, roasted peppers, roasted tomatoes, provolone, goat cheese, sriracha sauce, baby arugula, on Tuscan flatbread

SIDES

choose from:

CRUNCHY ROMAINE ^(v, gf)

romaine hearts, watermelon radish, red quinoa, agave dressing

CAESAR

romaine lettuce, shaved parmigiano, croutons, homemade Caesar dressing

KALE ^(veg, gf)

butternut squash, dried cranberries, toasted almonds, parmigiano, lemon vinaigrette

ENTREES

choose from:

HERB ROASTED CHICKEN ^(gf)

GRILLED SALMON ^(gf)

PENNE ALLA VODKA ^(veg)

DRINKS

choose from:

COCA COLA

SPARKLING WATER

BOXED WATER

DIET COKE

MANGIA

Buongiorno!
PREPARED WITH
GLOVES AND LOVE



MARKET BOWLS

choose from:

CHICKEN COBB SALAD BOWL (gf)

with kale, grilled chicken, crispy bacon, hard-boiled egg, cherry tomatoes, red onions, blue cheese, avocado. Balsamic vinaigrette on the side

TUNA NICOISE SALAD BOWL (gf)

with mesclun greens, cherry tomatoes, haricots verts, roasted fingerling potatoes, hard-boiled egg, black olives, seared tuna. Olive tapenade dressing on the side

TERIYAKI SALMON

with kale salad, dried cranberries, butternut squash, parmigiano and almond flakes, citrus vinaigrette

PEAR TRICOLORE SALAD BOWL ↗

with radicchio, endive, arugula, sliced pears, fried tofu, roasted walnuts, gluten-free chips, walnut vinaigrette

TREATS

choose from:

FRUIT ↗

RAW ORGANIC ALMONDS ↗ 3 oz

MANGIA COOKIE (veg)

SNACK BOXES

\$16

CHEESE & FRUIT (veg)

COOKIES & FRUIT (veg)



PASSIONATE ABOUT FOOD

In Italian, "mangia" is a simple, loving command that only means one thing: eat! For almost 40 years, Mangia has transformed the way New York eats lunch. In 1981, the family business became one of the first restaurants to focus on fresh, farm-to-table ingredients, crafting a menu of artisanal Italian fare. Today, Mangia instills the same passion into beloved signature favorites and exciting new seasonal dishes. Whether you're sitting down for a quick lunch or catering a large event, our food is always crafted in house, baked fresh daily, and ready to eat. Mangia!

"You are what you Mangia."

A handwritten signature in white ink that reads "Sasha Muniak". The signature is fluid and cursive, with a large loop at the end of the last name.

SASHA MUNIAK, FOUNDER

ALL OFFERINGS ARE SERVED IN ECO-FRIENDLY AND BIODEGRADABLE PACKAGING.
PLEASE RECYCLE AFTER USE.

WE TAKE ANY DIETARY RESTRICTIONS & PREFERENCES INTO SERIOUS CONSIDERATION.
PLEASE LET US KNOW ABOUT ANY ALLERGIES OR ADJUSTMENTS.