

MANGIA

SINCE 1981

BREAKFAST
LUNCH
DINNER
BOXED CATERING

M E N U



ORDER ONLINE AT

WWW.MANGIA.NYC

(gf) = gluten-free

 = vegan

(veg) = vegetarian

BREAKFAST

SERVED UNTIL 10:30AM

SCONE (veg)	4.75	AVOCADO & CUCUMBER TOAST 🌱	\$9.50
CROISSANT (veg)	4.75	tahini, lemon juice, red pepper flakes, salt, and black pepper on multi-seed toast	
SPECIALTY CROISSANTS (veg)	5.50		
MINI BRIOCHE (veg available)	4.95	SWEET & SALTY TOAST (veg)	\$9.50
MIXED FRUIT SALAD 🌱	7.50	Neufchatel cheese, fresh figs, honey, and sea salt flakes on rye toast	
MIXED BERRY FRUIT SALAD 🌱	9.95	AVOCADO & EGG TOAST (veg)	\$9.50
OATMEAL (🌱, gf) with banana, raisins and brown sugar	7.50	hard-boiled egg, micro greens, chia seeds, lemon juice, olive oil, and sea salt flakes on multi-grain toast	
BREAD PUDDING (veg)	4.25	SMOKED SALMON TOAST	\$9.50
OMELET cheddar, spinach, ham, tomato <i>make with egg whites +1.00</i>	12.95	Crème fraîche, cucumber, red radish, and chives on sunflower toast	
CAGE FREE HARD BOILED EGGS (veg) 2 pcs	4.50	EGG WHITE WRAP (veg)	8.95
WHITE MOUSTACHE YOGURT CUPS (veg) (Greek, Kiss, Sour Cherry)	6.95	scrambled egg whites, Gruyere cheese on Tuscan flatbread	
STRAPAZZATE PANINI	8.95	HOMEMADE OVERNIGHT OATS (gf, veg)	5.50
scrambled eggs, roasted prosciutto, mozzarella on a ciabatta roll		6oz cups	
		strawberry, blueberry, chia seeds and peanut butter, or mango	
		GREEK YOGURT (gf)	7.95
		with gluten-free granola and berries	



JUICE BAR

PRESSED JUICES & WELLNESS SHOTS

vegan and gf

10OZ 8.95 | 16OZ 11.95

GREEN GODDESS

kale, Swiss chard, spinach,
celery, apple, lemon, ginger

FRESHLY SQUEEZED ORANGE JUICE

SKINNY GREENS

kale, spinach, pineapple,
mint, hint of jalapeño

SWEET KRISTINE

carrot, apple, beet,
lemon, ginger

GINGER SHOT 5.50

HOT SHOT 5.50
orange, turmeric, cayenne

DETOX SHOT 5.50
lemon, ginger, cayenne

SUPERFOOD SMOOTHIES

10OZ 8.95 | 16OZ 11.95

ALMOND *(gf)*

almond milk, banana,
almond butter, chocolate
coconut protein powder,
agave, cinnamon

KETO LOVER *(v, gf)*

spinach, almond milk, organic plant
based protein powder, parsley,
raspberry, almond butter

BLUE POWER *(gf)*

blue spirulina, banana,
blueberry, almond milk,
vanilla protein powder

COFFEE & BEVERAGES

ESPRESSO 3.75

DOUBLE ESPRESSO 4.75

MACCHIATO 4.00

CAPPUCCINO 5.25 | 6.25

LATTE 5.25 | 6.25

CHAI LATTE 5.50 | 6.25

MATCHA LATTE 5.75 | 6.75

AMERICANO 4.25 | 5.25

DRIP COFFEE 3.75 | 4.25

COLD BREW 5.75

ICED COFFEE 5.25

ICED CAPPUCCINO 6.25

ICED MATCHA LATTE 6.75

ICED LATTE 6.25

HOT TEA 4.25 | 4.75

ICED TEA *mixed berries/black* 4.75

A'SICILIANA 3.50

aranciata, limonata

HOMEMADE LEMONADE 5.50

SODAS 2.75

coke, diet coke, sprite, ginger ale

SPARKLING WATER 3.75 | 7.75

KOMBUCHA 5.95

SALAD BOWLS

CAESAR

romaine lettuce, cherry tomatoes, parmigiano, croutons, Caesar dressing
add chicken 3.50 add shrimp 4.00

12.50

CHICKEN COBB (gf)

mixed kale blend, grilled chicken, crispy bacon, hard boiled egg, cherry tomatoes, red onions, blue cheese, avocado, balsamic vinaigrette

18.50

ROASTED TERIYAKI SALMON

kale, roasted butternut squash, Parmesan cheese, dried cranberries, toasted almonds, citrus vinaigrette

19.50

BEET SALAD (gf, veg)

arugula, roasted beets, quinoa, roasted pecans, goat cheese, Dijon mustard vinaigrette

15.50

SIDE SALAD

farfalle pasta (veg), mixed greens (🌱 gf), Caesar (veg), kale (veg, gf), Greek (veg, gf), caprese (veg, gf)

8.00

PEAR TRICOLORE 🌱

radicchio, endive, arugula, sliced pears, fried tofu, roasted walnuts, gluten-free chips, walnut vinaigrette

15.50

TUNA NIÇOISE (gf)

mesclun, cherry tomatoes, haricots verts, boiled fingerling potatoes, hard boiled egg, black olives, seared tuna, black olive tapenade

18.50

BUTTERMILK FRIED CHICKEN

romaine, avocado, sautéed heirloom tomatoes, red radish, hard boiled egg, honey Dijon vinaigrette

18.50

CUSTOM SALAD

romaine, kale, arugula

7.75

SANDWICHES

gluten-free wraps available +1.00

PROSCIUTTO COTTO

provolone, cornichons, arugula, mustard, lemon mayonnaise, on a ciabatta roll

14.50

AVOCADO & GREEN TOMATO 🌱

vegan mozzarella, cucumber, shishito peppers, micro greens, herb aioli, romaine, on Tuscan flatbread

13.00

FRESH MOZZARELLA (veg)

cucumber, romaine, tomato, avocado, black pepper mayonnaise, on a house-made olive roll

13.50

PROSCIUTTO & MOZZARELLA

roasted peppers, arugula, olive oil, on a house-made olive roll

14.50

HERB ROASTED CHICKEN

romaine, tomatoes, herb mustard, on Tuscan flatbread

13.50

SMOKED TURKEY BREAST

cucumber, watercress, herb mayonnaise, on pumpernickel bread

13.50

FRENCH HAM

avocado, stracchino cheese, dill aioli, arugula, on a house-made olive roll

14.50

ITALIAN HERO

sopressata, salami, coppa ham, prosciutto, roasted peppers, aged balsamic vinegar, provolone, on a ciabatta roll

14.50

TUNA SALAD

albacore tuna, romaine, tomatoes, watercress, on whole wheat sourdough bread

13.50

BASIL PARMIGIANO CHICKEN SALAD

roasted chicken, pesto dressing, tomatoes, watercress, on baguette

13.50

OVEN TOASTED SANDWICHES

gluten-free wraps available +1.00

CHICKEN MILANESE

provolone, roasted peppers, avocado, red onion, romaine, black pepper mayonnaise, on a ciabatta roll

15.00

SKIRT STEAK

pepper jack cheese, tomatoes, herb mayonnaise, on a ciabatta roll

15.50

TELERA

grilled chicken, tomatoes, avocado, pepper jack cheese, chipotle aioli, on a telera roll

15.00

OVEN ROASTED CHICKEN

fresh mozzarella, roasted peppers, basil, black olive tapenade, on house-made focaccia

15.00

RUSTICO PANINO

ham, cheddar, tomatoes, mushroom aioli, on house-made focaccia

11.00

FILET MIGNON

avocado, mozzarella, arugula, chimichurri spread, on a ciabatta roll

18.00

ROASTED VEGETABLE ROLLATINI (veg)

sautéed spinach, roasted eggplant, roasted peppers, roasted tomatoes, provolone, goat cheese, sriracha sauce, baby arugula, on Tuscan flatbread

13.00

TUNA MELT

Swiss cheese, avocado, tomatoes, red onion, on whole wheat sourdough bread

14.50

HOT LINE

proteins served with a choice of two sides

PROTEIN

- CHICKEN MILANESE** 23
- MANGIA MEATBALLS** 20
- BELL & EVANS CHICKEN BREAST** (gf) 23
- GRILLED SALMON** (gf) 24
- GRILLED BRANZINO** (gf) 25
- FILET MIGNON** (gf) 25

PASTA

- PENNE ALLA VODKA** (veg) 18
- ORECCHIETTE SALSICCIA** 19
- FETTUCINE BOLOGNESE** 19
- SPAGHETTI CACIO E PEPE** (veg) 18

SIDES

Additional side 8.00

- SAUTÉED BROCCOLI 🌱
- BRUSSELS SPROUTS 🌱
- MASHED POTATOES (veg)
- WHIPPED CAULIFLOWER (veg)
- MIXED GREENS SALAD 🌱

QUESADILLAS

- VEGETARIAN** 16
- CHICKEN OR SHRIMP** 18

ORGANIC SOURDOUGH PIZZA 16

9 inch personal pie | add gluten-free cauliflower crust 2.00

MARGHERITA (veg)

fresh mozzarella, Parmigiano-Reggiano, tomato sauce, basil

PARMA

prosciutto, Parmigiano-Reggiano, fresh mozzarella, arugula

VEGETERIANA (veg)

Sicilian eggplant, tomato sauce, fresh & smoked mozzarella, Kalamata olives, oregano

TOSCANO

salami, mozzarella, tomato sauce, onions, jalapeño, olives

BOSCAIOLA PIZZA (veg)

wild mushrooms, fresh mozzarella, truffle pecorino, pesto sauce

MANGIA PINSA

PINSA ROMANA 9.50

mortadella e stracciatella with pistachios

PINSA VEGETARIANA (veg) 9.50

mozzarella, sun-dried tomato, basil, roasted pepper aioli

PINSA AL PROSCIUTTO COTTO 9.50

prosciutto cotto al rosmarino, avocado, walnut butter, crushed pistachios

PINSA CON BURRATA & COPPA HAM 9.50

speck, coppa ham, burrata, arugula, pistachio spread

SOUPS

16OZ 7.00

SOUP OF THE DAY



SNACKS & DESSERTS

Cakes & pies are baked fresh daily at Mangia Bakery. Please contact our catering department for details

POTATO CHIPS (vegf)	3.50	COCONUT MACAROON (veg)	4.25
BROWNIES (veg) chocolate, cream cheese	3.75 / 4.00	SLICED LOAVES (veg)	3.75
SIGNATURE COOKIES (veg)	2.75	FRUIT apple, banana, pear	2.00
BUNDT CAKE (veg)	4.25	ORGANIC ALMONDS (vegf)	4.25
SICILIAN ORANGE POUND CAKE (veg)	3.75	LARGE COOKIE (veg) oatmeal & raisin, chocolate chip and flourless chocolate chip	5.00
CHOCOLATE COVERED ESPRESSO BEANS (gfi, veg)	4.50	SLICE OF CAKE (veg)	7.00
DESSERT CUPS (veg) tiramisu, mango strawberry panna cotta, banana pudding, raspberry trifle	5.95	VEGAN COOKIES chunky peanut butter cookie, tahini chocolate chunk cookie (gfi)	4.00
FRENCH MACARONS (gfi, veg)	3.50	MANGIA TARTS (veg)	8.00

BOXED CATERING

BREAKFAST BOX SANDWICH 16.00 includes 1 breakfast sandwich and drink of your choice	LUNCH BOX MARKET BOWL 24.00 includes 1 market bowl, treat, and drink of your choice
BREAKFAST BOX MINI PASTY 16.00 includes 1 mini pastry, yogurt or fruit salad, and drink of your choice	LUNCH BOX SANDWICH 20.00 includes 1 sandwich and side of your choice
BREAKFAST BOX TARTINE 16.00 includes 1 tartine sandwich and drink of your choice	SNACK BOX 16.00 - cookies and fruit - cheese and fruit
LUNCH BOX ENTREE 26.00 includes 1 entree, side, treat, and drink of your choice	

WHERE TO FIND US

MANGIA MADISON

422 MADISON AVENUE
BETWEEN 48TH & 49TH

MONDAY-FRIDAY
STORE: 7AM-6PM
DELIVERY: 7AM-5PM

MANGIA 57

MANGIA 57
57WEST 57TH STREET
CORNER OF 57TH & 6TH

MONDAY-FRIDAY
STORE: 7AM-6PM
DELIVERY: 7AM-5PM

SATURDAY
STORE: 8AM-5PM

CATERING ON WEEKENDS
WITH ADVANCE NOTICE

MANGIA FLATIRON

22 W23RD STREET
BETWEEN 5TH & 6TH

MONDAY-FRIDAY
STORE 7AM-4PM
DELIVERY 7AM-5PM

MANGIA SOHO

588 BROADWAY
BETWEEN HOUSTON & PRINCE STR.

MONDAY-FRIDAY
STORE: 8AM-6PM
DELIVERY: 7AM-5PM

SATURDAY
STORE: 10AM-6PM

212.582.5882 // CATERING@MANGIA.NYC // @MANGIA_NYC_OFFICIAL