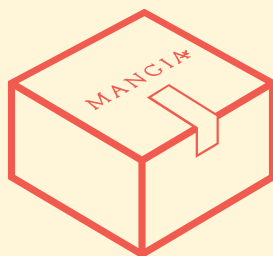


# MANGIA

SINCE 1981

# CATERING

BOXED



ORDER ONLINE AT [WWW.MANGIA.NYC](http://WWW.MANGIA.NYC)

(gf) = gluten-free



= vegan

(veg) = vegetarian



# BREAKFAST BOXES

- 1  +  +  = \$14  
BREAKFAST SANDWICH DRINK
- 2  +  +  +  = \$14  
MINI PASTRY YOGURT OR FRUIT SALAD DRINK
- 3  +  +  = \$14  
TARTINE DRINK

## BREAKFAST SANDWICHES

choose from:

STRAPAZZATE PANINI

EGGS ON BRIOCHE (veg)

EGG WHITE WRAP (veg)

## OPEN-FACE TARTINES

choose from:

### AVOCADO & CUCUMBER TOAST 🌱

with tahini, lime juice, red pepper flakes  
on toasted 7-grain bread

### AVOCADO EGG SALAD TOAST (veg)

with micro greens, sea salt, black pepper  
on toasted 7-grain bread

### WILD SMOKED SALMON TOAST

with crème fraîche, cucumber, red radish,  
chives on toasted 7-grain bread

## DRINKS

choose from:

### GREEN GODDESS 🌱, gf)

kale, Swiss chard, spinach,  
celery, apple, lemon, ginger

### FRESHLY SQUEEZED ORANGE JUICE 🌱, gf)

### BOXED WATER

## CUPS

### GREEK YOGURT (veg, gf)

with gluten-free granola  
and berries

### FRUIT CUP 🌱, gf)

## MINI PASTRIES

choose from:

### CROISSANT (veg)

### BLUEBERRY SCONE (veg)

MANGIA

*Buongiorno!*  
PREPARED WITH  
GLOVES AND LOVE



# LUNCH BOXES

1



+



SANDWICH

+



SIDE

= \$18

2



+



ENTREE WITH SIDE

+



TREATS



DRINK

= \$24

3



+



MARKET BOWL

+



TREATS

+



DRINK

= \$22

## SANDWICHES

choose from:

### AVOCADO & GREEN TOMATO

vegan mozzarella, cucumber, shishito peppers, micro greens, herb aioli, romaine, on Tuscan flatbread

### TUNA SALAD

albacore tuna, romaine, tomatoes, watercress, on whole wheat sourdough bread

### ITALIAN HERO

sopressata, salami, coppa ham, prosciutto, roasted peppers, chipotle aioli, provolone, on ciabatta roll

### FRESH MOZZARELLA

tomatoes, basil, black pepper, oil drizzle on ciabatta roll

### SMOKED TURKEY BREAST

cucumber, watercress, herb mayonnaise, on a baguette

### HERB ROASTED CHICKEN

watercress, tomato, herb mustard, on Tuscan flatbread

### ROASTED VEGETABLE ROLLATINI

sauteed spinach, roasted eggplant, roasted peppers, roasted tomatoes, provolone, goat cheese, sriracha sauce, baby arugula, on Tuscan flatbread

## SIDES

choose from:

### MIXED FIELD GREENS

cherry tomatoes, cucumber, olive oil & balsamic vinegar

### CAESAR

romaine lettuce, shaved parmigiano, croutons, homemade Caesar dressing

### KALE

butternut squash, dried cranberries, toasted almonds, parmigiano, lemon vinaigrette

## ENTREES

choose from:

HERB ROASTED CHICKEN 

GRILLED SALMON 

PENNE ALLA VODKA 

## DRINKS

choose from:

COCA COLA

SPARKLING WATER

BOXED WATER

DIET COKE

MANGIA

*Buongiorno!*  
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GLOVES AND LOVE



# MARKET BOWLS

choose from:

## CHICKEN COBB SALAD BOWL *(gf)*

with kale, grilled chicken, crispy bacon, hard-boiled egg, cherry tomatoes, red onions, blue cheese, avocado. Balsamic vinaigrette on the side

## TUNA NICOISE SALAD BOWL *(gf)*

with mesclun greens, cherry tomatoes, haricots verts, roasted fingerling potatoes, hard-boiled egg, black olives, seared tuna. Olive tapenade dressing on the side

## TERIYAKI SALMON

with kale salad, dried cranberries, butternut squash, parmigiano and almond flakes, citrus vinaigrette

## PEAR TRICOLORE SALAD BOWL ↗

with radicchio, endive, arugula, sliced pears, fried tofu, roasted walnuts, gluten-free chips, walnut vinaigrette

# TREATS

choose from:

## FRUIT ↗

RAW ORGANIC ALMONDS ↗ 3 oz

MANGIA COOKIE *(veg)*

# SNACK BOXES

\$14

CHEESE & FRUIT *(veg)*

COOKIES & FRUIT *(veg)*



MANGIA

*Buon Appetito!*  
PREPARED WITH  
GLOVES AND LOVE

SANPELLEGRINO  
NATURAL MINERAL WATER  
100% NATURAL  
1.5L (50.7 FL OZ)  
100% NATURAL  
1.5L (50.7 FL OZ)

MANGIA  
PROTEIN  
ENERGY BITES  
Plant-based Protein  
100% Natural  
1.5L (50.7 FL OZ)

Salmon  
Lemon  
Peppers  
Cucumbers  
Squash

# PASSIONATE ABOUT FOOD

In Italian, “mangia” is a simple, loving command that only means one thing: eat! For almost 40 years, Mangia has transformed the way New York eats lunch. In 1981, the family business became one of the first restaurants to focus on fresh, farm-to-table ingredients, crafting a menu of artisanal Italian fare. Today, Mangia instills the same passion into beloved signature favorites and exciting new seasonal dishes. Whether you're sitting down for a quick lunch or catering a large event, our food is always crafted in house, baked fresh daily, and ready to eat. Mangia!

"You are what you Mangia."

A handwritten signature in white ink, reading "Sasha Muniak". The signature is fluid and cursive, with a large, sweeping initial 'S'.

SASHA MUNIAK, FOUNDER

ALL OFFERINGS ARE SERVED IN ECO-FRIENDLY AND BIODEGRADABLE PACKAGING.  
PLEASE RECYCLE AFTER USE.

WE TAKE ANY DIETARY RESTRICTIONS & PREFERENCES INTO SERIOUS CONSIDERATION.  
PLEASE LET US KNOW ABOUT ANY ALLERGIES OR ADJUSTMENTS.