

MANGIA

SINCE 1981

BREAKFAST LUNCH DINNER BOXED CATERING

M E N U



ORDER ONLINE AT

WWW.MANGIA.NYC

(gf) = gluten-free

 = vegan

(veg) = vegetarian

BREAKFAST

SERVED UNTIL 10:30AM

SCONE (veg)	4.50	WILD SMOKED SALMON TARTINE	10.95
CROISSANT (veg)	4.50	crème fraîche, tomatoes, onions, capers, dill on 7-grain bread	
SPECIALTY CROISSANTS (veg)	5.50		
MINI BRIOCHE (veg available)	4.50	STRAPAZZATE PANINI	8.50
MIXED FRUIT SALAD 🌱	7.50	scrambled eggs, roasted prosciutto, mozzarella on a ciabatta roll	
MIXED BERRY FRUIT SALAD 🌱	9.95	EGG WHITE WRAP (veg)	8.50
OATMEAL (🌱, gf) with banana, raisins and brown sugar	6.95	scrambled egg whites, Gruyere cheese on Tuscan flatbread	
BREAD PUDDING (veg)	4.00	HOMEMADE OVERNIGHT OATS (gf, veg)	5.00
OMELET cheddar, spinach, ham, tomato <i>make with egg whites +1.00</i>	11.95	6oz cups strawberry, blueberry, chocolate & peanut butter, or mango	
CAGE FREE HARD BOILED EGGS (veg) 2 pcs	4.00	GREEK YOGURT (gf)	6.95
AVOCADO EGG SALAD TOAST (veg)	10.95	with gluten-free granola and berries	
WHITE MOUSTACHE YOGURT CUPS (veg) (Greek, Kiss, Sour Cherry)	6.40		



JUICE BAR

PRESSED JUICES & WELLNESS SHOTS

vegan and gf

10OZ 8.50 | 16OZ 11.50

GREEN GODDESS

kale, Swiss chard, spinach,
celery, apple, lemon, ginger

FRESHLY SQUEEZED ORANGE JUICE

SKINNY GREENS

kale, spinach, pineapple,
mint, hint of jalapeño

SWEET KRISTINE

carrot, apple, beet,
lemon, ginger

GINGER SHOT 5

HOT SHOT 5

orange, turmeric, cayenne

DETOX SHOT 5

lemon, ginger, cayenne

SUPERFOOD SMOOTHIES

10OZ 8.50 | 16OZ 11.50

ALMOND (gf)

almond milk, banana,
almond butter, chocolate
coconut protein powder,
agave, cinnamon

KETO LOVER (v, gf)

spinach, almond milk, organic plant
based protein powder, parsley,
raspberry, almond butter

BLUE POWER (gf)

blue spirulina, banana,
blueberry, almond milk,
vanilla protein powder

COFFEE & BEVERAGES

ESPRESSO 3.50

DOUBLE ESPRESSO 4.50

MACCHIATO 3.75

CAPPUCCINO 4.95 | 5.95

LATTE 4.95 | 5.95

CHAI LATTE 5.25 | 5.95

MATCHA LATTE 5.50 | 6.50

AMERICANO 4.00 | 5.00

DRIP COFFEE 3.50 | 4.00

COLD BREW 5.50

ICED COFFEE 5.00

ICED CAPPUCCINO 5.95

ICED MATCHA LATTE 6.50

ICED LATTE 5.95

HOT TEA 4.00 | 4.50

ICED TEA *mixed berries/black* 4.50

A'SICILIANA 3.25

aranciata, limonata

FIJI 3.00 | 5.00

HOMEMADE LEMONADE 5.50

SODAS 2.50

coke, diet coke, sprite, ginger ale

POLAND SPRING 1.95

SPARKLING WATER 3.75 | 7.75

KOMBUCHA 5.50

SALAD BOWLS

CAESAR

romaine lettuce, cherry tomatoes,
parmigiano, croutons, Caesar dressing
add chicken 3.50 add shrimp 4.00

12.00

CHICKEN COBB (gf)

mixed kale blend, grilled chicken, crispy bacon,
hard boiled egg, cherry tomatoes, red onions,
blue cheese, avocado, balsamic vinaigrette

18.00

ROASTED TERIYAKI SALMON

kale, roasted butternut squash, Parmesan cheese,
dried cranberries, toasted almonds, citrus vinaigrette

19.00

BEET SALAD (gf, veg)

arugula, roasted beets, quinoa, roasted pecans,
goat cheese, Dijon mustard vinaigrette

15.00

SIDE SALAD

farfalle pasta (veg), mixed greens (gf), Caesar (veg),
kale (veg, gf), Greek (veg, gf), caprese (veg, gf)

7.00

PEAR TRICOLORE *

radicchio, endive, arugula, sliced pears,
fried tofu, roasted walnuts, gluten-free chips,
walnut vinaigrette

15.00

TUNA NIÇOISE (gf)

mesclun, cherry tomatoes, haricots verts,
boiled fingerling potatoes, hard boiled egg,
black olives, seared tuna, black olive tapenade

18.00

BUTTERMILK FRIED CHICKEN

romaine, avocado, sautéed heirloom
tomatoes, red radish, hard boiled egg,
honey Dijon vinaigrette

18.00

CUSTOM SALAD

romaine, kale, arugula

7.50

SANDWICHES

gluten-free wraps available +1.00

PROSCIUTTO COTTO AL ROSEMARINO

avocado, caramelized onions,
mozzarella, black pepper mayonnaise,
on a house-made olive roll

14.00

AVOCADO & GREEN TOMATO *

vegan mozzarella, cucumber,
shishito peppers, micro greens,
herb aioli, romaine, on Tuscan flatbread

12.50

FRESH MOZZARELLA (veg)

cucumber, red onion, romaine,
tomato, avocado, black pepper
mayonnaise, on a house-made olive roll

12.95

PROSCIUTTO & MOZZARELLA

roasted peppers, arugula,
olive oil, on a house-made
olive roll

14.00

HERB ROASTED CHICKEN

romaine, tomatoes, herb
mustard, on Tuscan flatbread

12.95

SMOKED TURKEY BREAST

cucumber, watercress,
herb mayonnaise, on a baguette

12.95

ITALIAN HERO

sopressata, salami, coppa
ham, prosciutto, roasted
peppers, chipotle aioli,
provolone, on a ciabatta roll

13.95

TUNA SALAD

albacore tuna, romaine,
tomatoes, watercress,
on whole wheat sourdough bread

12.95

BASIL PARMIGIANO CHICKEN SALAD

roasted chicken, pesto dressing,
tomatoes, watercress, on a baguette

12.95

OVEN TOASTED SANDWICHES

gluten-free wraps available +1.00

BEEF SHORT RIBS

avocado, pickles, fried shallots, black
pepper mayonnaise, on a brioche roll

14.50

CHICKEN MILANESE

provolone, roasted peppers,
avocado, red onion, romaine, black
pepper mayonnaise, on a ciabatta roll

14.50

SKIRT STEAK

pepper jack cheese, tomatoes,
herb mayonnaise, on a ciabatta roll

14.95

TELERA

grilled chicken, tomatoes, avocado,
pepper jack cheese, chipotle aioli,
on a brioche roll

14.50

OVEN ROASTED CHICKEN

fresh mozzarella, roasted peppers,
basil, black olive tapenade, on
house-made focaccia

14.50

RUSTICO PANINO

ham, cheddar, tomatoes, mushroom
aioli, on house-made focaccia

10.50

ROASTED VEGETABLE ROLLATINI (veg)

sautéed spinach, roasted eggplant,
roasted peppers, roasted tomatoes,
provolone, goat cheese, sriracha sauce,
baby arugula, on Tuscan flatbread

12.50

TUNA MELT

Swiss cheese, avocado, tomatoes,
red onion, on whole wheat sourdough
bread

13.95

HOT LINE

proteins served with a choice of two sides

PROTEIN

- CHICKEN MILANESE** 22
- MANGIA MEATBALLS** 19
- BELL & EVANS CHICKEN BREAST** (gf) 22
- GRILLED SALMON** (gf) 23
- GRILLED BRANZINO** (gf) 24
- FILET MIGNON** (gf) 25

PASTA

- PENNE ALLA VODKA** (veg) 17
- ORECCHIETTE SALSICCIA** 18
- FETTUCCINE BOLOGNESE** 18
- SPAGHETTI CACIO E PEPE** (veg) 17

SIDES

- Additional side 7.50
- SAUTÉED BROCCOLI** 🍴
- BRUSSELS SPROUTS** 🍴
- MASHED POTATOES** (veg)
- WHIPPED CAULIFLOWER** (veg)
- MIXED GREENS SALAD** 🍴

QUESADILLAS

- VEGETARIAN** 15
- CHICKEN OR SHRIMP** 17

ORGANIC SOURDOUGH PIZZA 15

9 inch personal pie | add gluten-free cauliflower crust 2.00

MARGHERITA (veg)

fresh mozzarella, Parmigiano-Reggiano, tomato sauce, basil

PARMA

prosciutto, Parmigiano-Reggiano, fresh mozzarella, arugula

VEGETERIANA (veg)

Sicilian eggplant, tomato sauce, fresh & smoked mozzarella, Kalamata olives, oregano

TOSCANO

salami, mozzarella, tomato sauce, onions, jalapeño, olives

BOSCAIOLA PIZZA (veg)

wild mushrooms, fresh mozzarella, truffle pecorino, pesto sauce

MANGIA PINSA

PINSA ROMANA 9.50

mortadella e stracciatella with pistachios

PINSA VEGETARIANA (veg) 9.50

mozzarella, sun-dried tomato, basil, roasted pepper aioli

PINSA AL PROSCIUTTO COTTO 9.50

prosciutto cotto al rosmarino, avocado, walnut butter, crushed pistachios

PINSA CON BURRATA & COPPA HAM 9.50

speck, coppa ham, burrata, arugula, pistachio spread

SOUPS

16OZ 6.75

SOUP OF THE DAY



SNACKS & DESSERTS

Cakes & pies are baked fresh daily at Mangia Bakery. Please contact our catering department for details

POTATO CHIPS (gf)	3.50
BROWNIES (veg) chocolate, cream cheese	3.50
SIGNATURE COOKIES (veg)	2.50
BUNDT CAKE (veg)	4.00
SICILIAN ORANGE POUND CAKE (veg)	3.50
CHOCOLATE COVERED ESPRESSO BEANS (gf, veg)	4.00
DESSERT CUPS (veg) tiramisu, mango strawberry panna cotta, banana pudding, raspberry trifle	5.50
FRENCH MACARONS (gf, veg)	3.00

COCONUT MACAROON (veg)	4.00
SLICED LOAVES (veg)	3.50
FRUIT apple, banana, pear	1.50
ORGANIC ALMONDS (gf)	4.00
LARGE COOKIE (veg) oatmeal & raisin, chocolate chip and flourless chocolate chip	4.50
SLICE OF CAKE (veg)	6.50
VEGAN COOKIES chunky peanut butter cookie, tahini chocolate chunk cookie (gf)	3.50
MANGIA TARTS (veg)	7.50

BOXED CATERING

BREAKFAST BOX SANDWICH 14.00
includes 1 breakfast sandwich
and drink of your choice

BREAKFAST BOX MINI PASTY 14.00
includes 1 mini pastry, yogurt or
fruit salad, and drink of your choice

BREAKFAST BOX TARTINE 14.00
includes 1 tartine sandwich
and drink of your choice

LUNCH BOX ENTREE 24.00
includes 1 entree, side, treat,
and drink of your choice

LUNCH BOX MARKET BOWL 22.00
includes 1 market bowl, treat,
and drink of your choice

LUNCH BOX SANDWICH 18.00
includes 1 sandwich and
side of your choice

SNACK BOX 14.00
- cookies and fruit
- cheese and fruit

WHERE TO FIND US

MANGIA MADISON

422 MADISON AVENUE
BETWEEN 48TH & 49TH

MONDAY-FRIDAY
STORE: 7AM-6PM
DELIVERY: 7AM-5PM

MANGIA 57

57 W57TH STREET
BETWEEN 5TH & 6TH

MONDAY-FRIDAY
STORE: 7AM-6PM
DELIVERY: 7AM-5PM

SATURDAY
STORE: 8AM-5PM

CATERING ON WEEKENDS
WITH ADVANCE NOTICE

MANGIA FLATIRON

22 W23RD STREET
BETWEEN 5TH & 6TH

MONDAY-FRIDAY
STORE 7AM-5PM
DELIVERY 7AM-5PM

MANGIA SOHO

588 BROADWAY
BETWEEN HOUSTON & PRINCE STR.

MONDAY-FRIDAY
STORE: 8AM-6PM
DELIVERY: 8AM-4PM

SATURDAY
STORE: 10AM-6PM