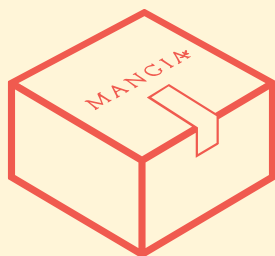


MANGIA 

SINCE 1981


CATERING

BOXED



ORDER ONLINE AT WWW.MANGIA.NYC

(gf) = gluten-free

 = vegan

(veg) = vegetarian

MANGIA

Buon Appetito!
PREPARED WITH
GLOVES AND LOVE

INGREDIENTS
...
PREPARED WITH GLOVES AND LOVE
Barbi

BREAKFAST BOXES

1



+



+



= \$14

BREAKFAST SANDWICH

DRINK

2



+



+



+



= \$14

MINI PASTRY

YOGURT OR
FRUIT SALAD

DRINK

3



+



+



= \$14

TARTINE

DRINK

BREAKFAST SANDWICHES

choose from:

STRAPAZZATE PANINI

EGGS ON BRIOCHE (veg)

EGG WHITE WRAP (veg)

OPEN-FACE TARTINES

choose from:

AVOCADO & CUCUMBER TOAST (gf)

with tahini, lime juice, red pepper flakes
on toasted 7-grain bread

AVOCADO EGG SALAD TOAST (veg)

with micro greens, sea salt, black pepper
on toasted 7-grain bread

WILD SMOKED SALMON TOAST

with crème fraîche, cucumber, red radish,
chives on toasted 7-grain bread

DRINKS

choose from:

GREEN GODDESS (gf)

kale, Swiss chard, spinach,
celery, apple, lemon, ginger

**FRESHLY SQUEEZED
ORANGE JUICE** (gf)

BOXED WATER

CUPS

GREEK YOGURT (veg, gf)

with gluten-free granola
and berries

FRUIT CUP (gf)

MINI PASTRIES

choose from:

CROISSANT (veg)

BLUEBERRY SCONE (veg)

MANGIA

Buongiorno!
PREPARED WITH
GLOVES AND LOVE



LUNCH BOXES

1  +  +  = \$18
SANDWICH SIDE

2  +  +  +  = \$24
ENTREE WITH SIDE TREATS DRINK

3  +  +  +  = \$22
MARKET BOWL TREATS DRINK

SANDWICHES

choose from:

AVOCADO & GREEN TOMATO *(v)*
vegan mozzarella, cucumber, shishito peppers, micro greens, herb aioli, romaine, on Tuscan flatbread

TUNA SALAD
albacore tuna, romaine, tomatoes, watercress, on whole wheat sourdough bread

ITALIAN HERO
sopressata, salami, coppa ham, prosciutto, roasted peppers, chipotle aioli, provolone, on ciabatta roll

SMOKED TURKEY BREAD
cucumber, watercress, herb mayonnaise, on a baguette

HERB ROASTED CHICKEN
watercress, tomato, herb mustard, on Tuscan flatbread

ROASTED VEGETABLE ROLLATINI *(veg)*
sauteed spinach, roasted eggplant, roasted peppers, roasted tomatoes, provolone, goat cheese, sriracha sauce, baby arugula, on Tuscan flatbread

SIDES

choose from:

MIXED FIELD GREENS *(v, gf)*
cherry tomatoes, cucumber, olive oil & balsamic vinegar

CAESAR
romaine lettuce, shaved parmigiano, croutons, homemade Caesar dressing

KALE *(veg, gf)*
butternut squash, dried cranberries, toasted almonds, parmigiano, lemon vinaigrette

ENTREES

choose from:

HERB ROASTED CHICKEN *(gf)*

GRILLED SALMON *(gf)*

PENNE ALLA VODKA *(veg)*

DRINKS

choose from:

COCA COLA
SPARKLING WATER
BOXED WATER
DIET COKE

MANGIA

Buongiorno!
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GLOVES AND LOVE



MARKET BOWLS

choose from:

CHICKEN COBB SALAD BOWL (gf)

with kale, grilled chicken, crispy bacon, hard-boiled egg, cherry tomatoes, red onions, blue cheese, avocado. Balsamic vinaigrette on the side

TUNA NICOISE SALAD BOWL (gf)

with mesclun greens, cherry tomatoes, haricots verts, roasted fingerling potatoes, hard-boiled egg, black olives, seared tuna. Olive tapenade dressing on the side

TERIYAKI SALMON

with kale salad, dried cranberries, butternut squash, parmigiano and almond flakes, citrus vinaigrette

PEAR TRICOLORE SALAD BOWL ↗

with radicchio, endive, arugula, sliced pears, fried tofu, roasted walnuts, gluten-free chips, walnut vinaigrette

TREATS

choose from:

FRUIT ↗

RAW ORGANIC ALMONDS ↗ 3 oz

MANGIA COOKIE (veg)

SNACK BOXES

\$14

CHEESE & FRUIT (veg)

COOKIES & FRUIT (veg)



PASSIONATE ABOUT FOOD

In Italian, "mangia" is a simple, loving command that only means one thing: eat! For almost 40 years, Mangia has transformed the way New York eats lunch. In 1981, the family business became one of the first restaurants to focus on fresh, farm-to-table ingredients, crafting a menu of artisanal Italian fare. Today, Mangia instills the same passion into beloved signature favorites and exciting new seasonal dishes. Whether you're sitting down for a quick lunch or catering a large event, our food is always crafted in house, baked fresh daily, and ready to eat. Mangia!

"You are what you Mangia."



SASHA MUNIAK, FOUNDER

ALL OFFERINGS ARE SERVED IN ECO-FRIENDLY AND BIODEGRADABLE PACKAGING.
PLEASE RECYCLE AFTER USE.

WE TAKE ANY DIETARY RESTRICTIONS & PREFERENCES INTO SERIOUS CONSIDERATION.
PLEASE LET US KNOW ABOUT ANY ALLERGIES OR ADJUSTMENTS.

Due to egg prices spike, a 0.50 cents surcharge has been added to relevant products for the time being