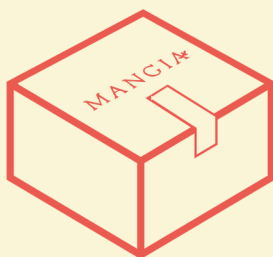


MANGIA 

SINCE 1981


CATERING

BOXED



ORDER ONLINE AT WWW.MANGIA.NYC

(gf) = gluten-free

 = vegan

(veg) = vegetarian

MANGIA

Buon Appetito!
PREPARED WITH
GLOVES AND LOVE

INGREDIENTS
[Small text listing ingredients]

PREPARATION
[Small text listing preparation steps]

HEALTHY CHOICES
[Small text listing nutritional information]

NET WT
[Small text listing net weight]

Barbi

BREAKFAST BOXES

1



+



+



= \$14

BREAKFAST SANDWICH

DRINK

2



+



+



+



= \$14

MINI PASTRY

YOGURT OR
FRUIT SALAD

DRINK

3



+



+



= \$14

TARTINE

DRINK

BREAKFAST SANDWICHES

choose from:


STRAPAZZATE PANINI

EGGS ON BRIOCHE(veg)

EGG WHITE WRAP (veg)

OPEN-FACE TARTINES

choose from:


AVOCADO & CUCUMBER TOAST
with tahini, lime juice, red pepper flakes 
on toasted 7-grain bread


AVOCADO EGG SALAD TOAST (veg)
with micro greens, sea salt, black pepper
on toasted 7-grain bread

WILD SMOKED SALMON TOAST
with crème fraîche, cucumber, red radish,
chives on toasted 7-grain bread

DRINKS

choose from:

GREEN GODDESS(, gf)
kale, Swiss chard, spinach,
celery, apple, lemon, ginger

FRESHLY SQUEEZED
ORANGE JUICE (, gf)

BOXED WATER

CUPS

GREEK YOGURT (veg, gf)
with gluten-free granola
and berries

FRUIT CUP (, gf)

MINI PASTRIES

choose from:

CROISSANT (veg)
BLUEBERRY SCONE(veg)

MANGIA

Buon giorno!
PREPARED WITH
GLOVES AND LOVE



LUNCH BOXES

①  +  +  = \$18
SANDWICH SIDE

②  +  +  +  = \$24
ENTREE WITH SIDE TREATS DRINK

③  +  +  +  = \$22
MARKET BOWL TREATS DRINK

SAN DWIC H E S

choose from:

**AVO C A D O &
GREEN TOMATO** *(v)*
vegan mozzarella, cucumber,
shishito peppers, micro
greens, herb aioli, romaine,
on Tuscan flatbread

TUNA SALAD
albacore tuna, romaine,
tomatoes, watercress,
on whole wheat
sourdough bread

ITALIAN HERO
sopressata, salami, coppa
ham, prosciutto, roasted
peppers, chipotle aioli,
provolone, on ciabatta roll

**SMOKED
TURKEY BREAST**
cucumber, watercress,
herb mayonnaise,
on a baguette

**HERB ROASTED
CHICKEN**
watercress, tomato,
herb mustard, on
Tuscan flatbread

**ROASTED VEGETABLE
ROLLATINI** *(veg)*
sauteed spinach,
roasted eggplant, roasted
peppers, roasted tomatoes,
provolone, goat cheese,
sriracha sauce, baby arugula,
on Tuscan flatbread

SIDES

choose from:

MIXED FIELD GREENS *(v, gf)*
cherry tomatoes, cucumber,
olive oil & balsamic vinegar

CAESAR
romaine lettuce, shaved
parmigiano, croutons,
homemade Caesar dressing

KALE *(veg, gf)*
butternut squash, dried
cranberries, toasted almonds,
parmigiano, lemon vinaigrette

ENTREES

choose from:

HERB ROASTED CHICKEN *(gf)*
GRILLED SALMON *(gf)*
PENNE ALLA VODKA *(veg)*

DRINKS

choose from:

COCA COLA
SPARKLING WATER
BOXED WATER
DIET COKE

MANGIA

Buongiorno!
PREPARED WITH
GLOVES AND LOVE



MARKET BOWLS

choose from:

CHICKEN COBB SALAD BOWL *(gf)*

with kale, grilled chicken, crispy bacon, hard-boiled egg, cherry tomatoes, red onions, blue cheese, avocado. Balsamic vinaigrette on the side

TUNA NICOISE SALAD BOWL *(gf)*

with mesclun greens, cherry tomatoes, haricots verts, roasted fingerling potatoes, hard-boiled egg, black olives, seared tuna. Olive tapenade dressing on the side

TERIYAKI SALMON

with kale salad, dried cranberries, butternut squash, parmigiano and almond flakes, citrus vinaigrette

PEAR TRICOLORE SALAD BOWL ↗

with radicchio, endive, arugula, sliced pears, fried tofu, roasted walnuts, gluten-free chips, walnut vinaigrette

TREATS

choose from:

FRUIT ↗

RAW ORGANIC ALMONDS ↗ 3 oz

MANGIA COOKIE *(veg)*

SNACK BOXES

\$14

CHEESE & FRUIT *(veg)*

COOKIES & FRUIT *(veg)*

Due to egg prices spike, a 0.50 cents surcharge has been added to relevant products for the time being



PASSIONATE ABOUT FOOD

In Italian, “mangia” is a simple, loving command that only means one thing: eat!

For almost 40 years, Mangia has transformed the way New York eats lunch. In 1981, the family business became one of the first restaurants to focus on fresh, farm-to-table ingredients, crafting a menu of artisanal Italian fare. Today, Mangia instills the same passion into beloved signature favorites and exciting new seasonal dishes. Whether you’re sitting down for a quick lunch or catering a large event, our food is always crafted in house, baked fresh daily, and ready to eat. Mangia!

"You are what you Mangia."

A handwritten signature in white ink that reads "Sasha Muniak". The signature is fluid and cursive, with a large loop at the end of the last name.

SASHA MUNIAK, FOUNDER

ALL OFFERINGS ARE SERVED IN ECO-FRIENDLY AND BIODEGRADABLE PACKAGING.
PLEASE RECYCLE AFTER USE.

WE TAKE ANY DIETARY RESTRICTIONS & PREFERENCES INTO SERIOUS CONSIDERATION.
PLEASE LET US KNOW ABOUT ANY ALLERGIES OR ADJUSTMENTS.