

SNACKS & DESSERTS

Cakes & pies are baked fresh daily at Mangia Bakery. Please contact our catering department for details

POTATO CHIPS	2.75	FRENCH MACARONS	3.00
BROWNIES chocolate, cream cheese	3.50	COCONUT MACARON 🌱	4.00
SIGNATURE COOKIES	2.50	SLICED LOAVES	3.50
CRANBERRY ORANGE BUNDT CAKE	3.75	FRUIT apple, banana, pear	1.50
SICILIAN ORANGE POUND CAKE	3.50	ORGANIC ALMONDS	3.50
CHOCOLATE COVERED ESPRESSO BEANS	3.50	LARGE COOKIE oatmeal & raisin, chocolate chip and flourless chocolate chip	4.50
BAREBELLS PROTEIN BARS chocolate dough bar, caramel cashew bar, salty peanut bar, cookies & cream bar	3.50	SLICE OF CAKE	6.00
		VEGAN COOKIES chunky peanut butter cookie, tahini chocolate chunk cookie (gluten-free)	3.25

BOXED CATERING

BREAKFAST BOX SANDWICH includes 1 breakfast sandwich and drink of your choice	14.00	LUNCH BOX MARKET BOWL includes 1 market bowl, treat, and drink of your choice	21.00
BREAKFAST BOX MINI PASTY includes 1 mini pastry, yogurt or fruit salad, and drink of your choice	14.00	LUNCH BOX SANDWICH includes 1 sandwich and side of your choice	17.00
BREAKFAST BOX TARTINE includes 1 tartine sandwich and drink of your choice	14.00	SNACK BOX - cookies and fruit - cheese and fruit	14.00
LUNCH BOX ENTREE includes 1 entree, side, treat, and drink of your choice	23.00		

WHERE TO FIND US

MANGIA MADISON

422 MADISON AVENUE
BETWEEN 48TH & 49TH
212.644.0422

MONDAY-FRIDAY
STORE: 7AM-6PM
DELIVERY: 7AM-5PM

MANGIA 57

50 W57TH STREET
BETWEEN 5TH & 6TH
212.582.5882

MONDAY-FRIDAY
STORE: 7AM-6PM
DELIVERY: 7AM-5PM

WEEKEND
ADVANCE NOTICE
CATERING **ONLY**

MANGIA FLATIRON

22 W23RD STREET
BETWEEN 5TH & 6TH
212.647.0200

MONDAY-FRIDAY
STORE 7AM-5PM
DELIVERY 7AM-5PM

MANGIA

SINCE 1981

BREAKFAST LUNCH DINNER BOXED CATERING

M E N U



ORDER ONLINE AT WWW.MANGIA.NYC

(gf) = gluten-free 🌱 = vegan (veg) = vegetarian

BREAKFAST

SERVED UNTIL 10:30AM

*Substitute any items with egg whites, almond or oatmilk

BLUEBERRY SCONE	4.00	WILD SMOKED SALMON TARTINE crème fraîche, tomatoes, onions, capers, dill on 7-grain bread	10.95
BUTTER CROISSANT	4.00		
FRUIT SALAD add mixed berries	6.95 9.95	STRAPAZZATE PANINI scrambled eggs, roasted prosciutto, mozzarella on a ciabatta roll	8.50
OATMEAL with banana, raisins and brown sugar	6.95	EGG WHITE WRAP scrambled egg whites, Gruyere cheese on Tuscan flatbread	8.50
BREAD PUDDING	4.00		
OMELET Cheddar, spinach, ham, tomato	10.95	SIGNATURE AÇAÍ raw organic Brazilian açai with coconut flakes, strawberries, banana, gluten-free granola, chia seeds	12.95
CAGE FREE HARD BOILED EGGS 2 pcs	4.00		
AVOCADO EGG SALAD TOAST micro greens on a 7-grain bread	10.95		
MANGIA YOGURT CUPS natural, low-fat Greek yogurt (peach, strawberry, vanilla, plain) add gluten-free granola	4.95 1.50		



SALAD BOWLS

CAESAR 11.00 romaine lettuce, cherry tomatoes, parmigiano, croutons, Caesar dressing <i>add chicken 3.50 add shrimp 4.00</i>	PEAR TRICOLORE [†] 15.00 radicchio, endive, arugula, sliced pears, fried tofu, roasted walnuts, gluten-free chips, walnut vinaigrette
CHICKEN COBB 17.50 mixed kale blend, grilled chicken, crispy bacon, hard boiled egg, cherry tomatoes, red onions, blue cheese, avocado, balsamic vinaigrette	TUNA NIÇOISE 17.50 mesclun, cherry tomatoes, haricots verts, boiled fingerling potatoes, hard boiled egg, black olives, seared tuna, black olive tapenade
ROASTED TERIYAKI SALMON 18.00 kale, roasted butternut squash, Parmesan cheese, dried cranberries, toasted almonds, citrus vinaigrette	BUTTERMILK FRIED CHICKEN 17.50 romaine, avocado, sautéed heirloom tomatoes, red radish, hard boiled egg, honey Dijon vinaigrette
BEET SALAD 15.00 arugula, roasted beets, quinoa, roasted pecans, goat cheese, Dijon mustard vinaigrette	SIDE SALAD 7.00 farfalle pasta, mixed greens, Caesar, kale, Greek, caprese
	CUSTOM SALAD 7.00 romaine, kale, arugula

SANDWICHES

Also great served hot! Gluten-free flatbread available

HERB ROASTED CHICKEN 11.50 romaine, tomatoes, herb mustard, on Tuscan flatbread	TUNA MELT 12.95 Swiss cheese, avocado, tomatoes, red onions, on toasted whole wheat sourdough bread	CAMPO PANINO [†] 9.50 roasted asparagus, spinach, vegan mayonnaise, roasted fennel, on pizza Bianca bread
FILET MIGNON 14.95 fresh mozzarella, sautéed Tuscan kale, black pepper mayonnaise, on a baguette	TELERA 12.95 grilled chicken, tomatoes, avocado, pepper jack cheese, chipotle aioli, on a baguette	RUSTICO PANINO 9.50 ham, Cheddar cheese, tomatoes, mushroom aioli, on pizza Bianca bread
SMOKED TURKEY BREAST 11.50 cucumber, watercress, herb mayonnaise, on a baguette	FRENCH HAM & AGED CHEDDAR 11.50 cornichons, walnut butter, on a baguette	BUTTERMILK FRIED CHICKEN 12.95 bacon, tomato, lettuce, chipotle aioli, on brioche roll
FRESH MOZZARELLA 11.50 tomatoes, basil, black pepper, olive oil drizzle, on ciabatta roll	ITALIAN HERO 12.95 sopressata, salami, coppa ham, prosciutto, roasted peppers, chipotle aioli, provolone, on ciabatta roll	TUNA SALAD 11.50 albacore tuna, romaine, tomatoes, watercress, on whole wheat sourdough bread
BASIL PARMIGIANO CHICKEN SALAD 11.50 roasted chicken, pesto dressing, tomatoes, watercress, on baguette	ROASTED VEGETABLES ROLLATINI 11.50 sautéed spinach, roasted eggplant, roasted peppers, roasted tomatoes, provolone and goat cheese, sriracha sauce, baby arugula, on Tuscan flatbread	PROSCIUTTO AND MOZZARELLA 11.50 roasted peppers, arugula, olive oil, on an olive roll
OVEN ROASTED CHICKEN 12.95 fresh mozzarella, roasted peppers, basil, black olive tapenade, on focaccia		TUSCAN KALE & AVOCADO [†] 11.50 hummus, cucumber, scallions, on 7-grain bread

HOT LINE

proteins served with a choice of two sides

CHICKEN MILANESE 20	SIDES
MANGIA MEATBALLS 19	<i>Additional side 7.00</i>
BELL & EVANS CHICKEN BREAST 20	SAUTÉED BROCCOLI
GRILLED SALMON 22	BRUSSELS SPROUTS
GRILLED BRANZINO 22	MASHED POTATOES
FILET MIGNON 24	WHIPPED CAULIFLOWER
	MIXED GREENS SALAD
PASTA	QUESADILLAS
PENNE ALLA VODKA 17	VEGETARIAN 14.00
ORECCHIETTE SALSICCIA 18	CHICKEN OR SHRIMP 16.00
FETTUCCINE BOLOGNESE 18	
SPAGHETTI CACIO E PEPE 17	

ORGANIC SOURDOUGH PIZZA

\$14

MARGARITA fresh mozzarella, Parmigiano-Reggiano, tomato sauce, basil	VEGETARIANA Sicilian eggplant, tomato sauce, fresh & smoked mozzarella, Kalamata olives, oregano	BOSCAIOLA PIZZA porcini mushrooms, fresh mozzarella, truffle pecorino, pesto sauce
PARMA prosciutto, Parmigiano-Reggiano, fresh mozzarella, arugula	TOSCANO salami, mozzarella, tomato sauce, onions, jalapeño, olives	

SOUPS

12OZ 5.75 | 16OZ 6.75

SOUP OF THE DAY



JUICE BAR

PRESSED JUICES & WELLNESS SHOTS

10OZ \$8.50 | 16OZ \$11.50

GREEN GODDESS
kale, Swiss chard, spinach, celery, apple, lemon, ginger

FRESHLY SQUEEZED ORANGE JUICE

SKINNY GREENS
kale, spinach, pineapple, mint, hint of jalapeño

GINGER SHOT \$5

HOT SHOT \$5
orange, turmeric, cayenne

DETOX SHOT \$5
lemon, ginger, cayenne

SUPERFOOD SMOOTHIES

10OZ \$8.50 | 16OZ \$11.50

ALMOND
almond milk, banana, almond butter, chocolate coconut protein powder, agave, cinnamon

KETO LOVER
spinach, almond milk, vanilla protein powder, parsley, raspberries, almond butter

BLUE POWER
blue spirulina, banana, blueberry, almond milk, vanilla protein powder

COFFEE & BEVERAGES

ESPRESSO	3.00
DOUBLE ESPRESSO	3.75
MACCHIATO	3.25
CAPPUCCINO	4.50 5.50
LATTE	4.50 5.50
CHAI LATTE	4.75 5.75
MATCHA ALMOND MILK LATTE	5.50 6.50
AMERICANO	3.50 4.50
DRIP COFFEE	3.00 3.50
ICED COFFEE	4.50
ICED LATTE	5.50
HOT TEA	3.00/3.50
ICED TEA <i>mixed berries/black</i>	5.50
SAN PELLEGRINO <i>aranciata, rossa & limonata</i>	3.00
FIJI <i>small/large</i>	3.00 4.50
LA COLOMBE COLD PRESSED COFFEE	4.00
HOMEMADE LEMONADE	5.00
SODAS <i>coke, diet coke, sprite, gingerale</i>	1.95
POLAND SPRING	1.95
BEAR'S FRUIT KOMBUCHA	5.50