

# MANGIA

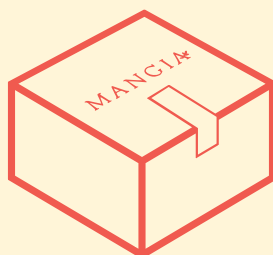
SINCE 1981

# CATERING

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## BOXED

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ORDER ONLINE AT [WWW.MANGIA.NYC](http://WWW.MANGIA.NYC)

(gf) = gluten-free



= vegan

(veg) = vegetarian

MANGIA

*Buon Appetito!*  
PREPARED WITH  
GLOVES AND LOVE

**INGREDIENTS**

100% Tiramisu

100% Gelato

100% Biscuits

100% Cream

100% Sugar

100% Eggs

100% Coffee

100% Chocolate

100% Vanilla

100% Liqueur

100% Alcohol

100% Butter

100% Milk

100% Fruit

100% Nuts

100% Seeds

100% Spices

100% Herbs

100% Flowers

100% Leaves

100% Roots

100% Stems

100% Seeds

100% Fruits

100% Vegetables

100% Grains

100% Legumes

100% Nuts

100% Seeds

100% Spices

100% Herbs

100% Flowers

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100% Flowers

100% Leaves

100% Roots

100% Stems

100% Seeds

100% Fruits

**BARBET BODILE**

100% Tiramisu

100% Gelato

100% Biscuits

100% Cream

100% Sugar

100% Eggs

100% Coffee

100% Chocolate

100% Vanilla

100% Liqueur

100% Alcohol

100% Butter

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100% Roots

100% Stems

100% Seeds

100% Fruits

Barbi

# BREAKFAST BOXES

- ①  +  +  = \$12  
BREAKFAST SANDWICH DRINK
- ②  +  +  +  = \$10  
MINI PASTRY YOGURT OR FRUIT SALAD DRINK
- ③  +  +  = \$12  
TARTINE DRINK

## BREAKFAST SANDWICHES

choose from:

STRAPAZZATE PANINI

EGGS ON BRIOCHE

EGG WHITE WRAP

## OPEN-FACE TARTINES

choose from:

### AVOCADO & CUCUMBER TOAST 🥑

with tahini, lime juice, red pepper flakes on  
toasted 7-grain bread

### AVOCADO EGG SALAD TOAST

with micro greens, sea salt, black pepper  
on toasted 7-grain bread

### WILD SMOKED SALMON TOAST

with crème fraîche, cucumber, red radish, chives  
on toasted 7-grain bread

## DRINKS

choose from:

### GREEN GODDESS

kale, swiss chard, spinach, celery,  
apple, lemon, ginger

### FRESHLY SQUEEZE ORANGE JUICE

### BOXED WATER

## YOGURT CUPS

### GREEK YOGURT

with gluten-free granola  
and roasted blueberries

## MINI PASTRIES

choose from:

PRETZEL CROISSANT  
BLUEBERRY SCONE





MANGIA

*Buon giorno!*  
PREPARED WITH  
GLOVES AND LOVE

MANGIA  
MCHLXXXI

**GREEN  
GODDESS**

kale, swiss chard,  
spinach, celery,  
apple, lemon, ginger

MANGIA, 50W 37TH, NY 10019  
MADE TODAY, ENJOYED TODAY

# LUNCH BOXES

1



+



SANDWICH

+



SIDE

= \$15

2



+



ENTREE WITH SIDE

+



TREATS



DRINK

= \$22

3



+



MARKET BOWL

+



TREATS

+



DRINK

= \$20

## SANDWICHES

choose from:

**SMOKED TURKEY BREAST**  
cucumber, watercress, herb  
mayonnaise, on a baguette

**HERB ROASTED CHICKEN**  
watercress, tomato, herb mustard,  
on Tuscan flatbread

**ITALIAN HERO**  
sopressata, salami, coppa ham,  
prosciutto, roasted peppers, chipotle  
aioli, provolone, on a baguette

**FRESH MOZZARELLA** veg  
tomatoes, basil, black pepper,  
olive oil drizzle, on a baguette

**TUSCAN KALE & AVOCADO**  
hummus, cucumber, scallions,  
on 7-grain bread

**TUNA SALAD**  
albacore tuna, romaine,  
tomatoes, watercress,  
on sourdough whole wheat bread

## HOT SANDWICHES

choose from:

**TELERA**  
grilled chicken, tomatoes,  
avocado, pepper jack cheese,  
chipotle aioli on a baguette

**BUTTERMILK  
FRIED CHICKEN**  
bacon, tomatoes,  
lettuce, chipotle aioli  
on a brioche roll

## SIDES

choose from:

**MIXED FIELD GREENS** †  
cherry tomatoes, cucumber,  
olive oil & balsamic vinegar

**CAESAR** veg  
romaine lettuce, shaved  
parmigiano, croutons, homemade  
Caesar dressing

**KALE** veg  
butternut squash, dried cranberries,  
toasted almonds, parmigiano,  
lemon vinaigrette

## ENTREES

choose from:

**HERB ROASTED CHICKEN**

**GRILLED SALMON**

**PENNE ALLA VODKA**

## DRINKS

choose from:

**COCA COLA**

**BOXED WATER**

**SPARKLING WATER**

**DIET COKE**

**SAN PELLEGRINO:**

Aranciata



MANGIA

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# MARKET BOWLS

choose from:

## CHICKEN COBB SALAD BOWL

with kale, roasted chicken, hard-boiled egg, cherry tomatoes, red onions, blue cheese, avocado, fresh herbs. Balsamic vinaigrette on the side

## TUNA NICOISE SALAD BOWL

with mesclun greens, cherry tomatoes, haricots verts, roasted fingerling potatoes, hard-boiled egg, black olives, seared tuna. Olive tapenade dressing on the side

## TERIYAKI SALMON

with kale salad, dried cranberries, parmigiano and almond flakes

## BEET SALAD BOWL *(vegetarian)*

with arugula, roasted beets, quinoa, goat cheese, Dijon mustard vinaigrette on the side

## PEAR TRICOLORE SALAD BOWL *(vegetarian)*

with radicchio, endive, arugula, sliced pears, lightly crusted goat cheese, focaccia crisps walnut vinaigrette on the side

# TREATS

choose from:

PIECE OF WHOLE FRUIT 🍴

COCONUT MACAROON 🍴

RAW ORGANIC ALMONDS 3 oz

'SKINNY POPCORN' 4.5 oz 🍴

TRAIL MIX WITH NUTS, SEEDS,  
AND SWEET FRUIT 🍴

MANGIA VEGGIE CHIPS 3 oz 🍴

# SNACK BOXES \$12

CRUDITE  
WITH DIPS

CHEESE  
& FRUIT

TRADITIONAL  
ANTIPASTI

COOKIES  
& FRUIT





MANGIA

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# PASSIONATE ABOUT FOOD

In Italian, “mangia” is a simple, loving command that only means one thing: eat! For almost 40 years, Mangia has transformed the way New York eats lunch. In 1981, the family business became one of the first restaurants to focus on fresh, farm-to-table ingredients, crafting a menu of artisanal Italian fare. Today, Mangia instills the same passion into beloved signature favorites and exciting new seasonal dishes. Whether you're sitting down for a quick lunch or catering a large event, our food is always crafted in house, baked fresh daily, and ready to eat. Mangia!

"You are what you Mangia."

A handwritten signature in white ink, reading "Sasha Muniak". The signature is fluid and cursive, with a large, sweeping initial 'S'.

SASHA MUNIAK, FOUNDER

ALL OFFERINGS ARE SERVED IN ECO-FRIENDLY AND BIODEGRADABLE PACKAGING.  
PLEASE RECYCLE AFTER USE.

WE TAKE ANY DIETARY RESTRICTIONS & PREFERENCES INTO SERIOUS CONSIDERATION.  
PLEASE LET US KNOW ABOUT ANY ALLERGIES OR ADJUSTMENTS.