

MANGIA 

SINCE 1981


# CATERING

BOXED



ORDER ONLINE AT [WWW.MANGIA.NYC](http://WWW.MANGIA.NYC)

(gf) = gluten-free

 = vegan

(veg) = vegetarian

# MANGIA

*Buon Appetito!*  
PREPARED WITH  
GLOVES AND LOVE

**INGREDIENTS**  
...  
**PREPARED WITH GLOVES AND LOVE**  
MADE IN ITALY  
**Barbi**

**MARKET SYMBOL**  
...  
**NET WT**  
...  
**NET WT**  
...

# BREAKFAST BOXES

1



+



BREAKFAST SANDWICH

+



DRINK

= \$12

2



+



MINI PASTRY

+



YOGURT OR  
FRUIT SALAD

+



DRINK

= \$10

3



+



TARTINE

+



DRINK

= \$12

## BREAKFAST SANDWICHES

choose from:

**STRAPAZZATE PANINI**

**EGGS ON BRIOCHE**

**EGG WHITE WRAP**

## OPEN-FACE TARTINES

choose from:

### **AVOCADO & CUCUMBER TOAST** 🌱

with tahini, lime juice, red pepper flakes on  
toasted 7-grain bread

### **AVOCADO EGG SALAD TOAST**

with micro greens, sea salt, black pepper  
on toasted 7-grain bread

### **WILD SMOKED SALMON TOAST**

with crème fraîche, cucumber, red radish, chives  
on toasted 7-grain bread

## DRINKS

choose from:

### **GREEN GODDESS**

kale, swiss chard, spinach, celery,  
apple, lemon, ginger

### **SKINNY GREENS**

kale, spinach, pineapple, mint,  
a hint of jalapeno

### **FRESHLY SQUEEZE ORANGE JUICE**

### **BOXED WATER**

## YOGURT CUPS

### **GREEK YOGURT**

with gluten-free granola  
and roasted blueberries

## MINI PASTRIES

choose from:

### **PRETZEL CROISSANT**

### **BLUEBERRY SCONE**

### **APPLE DANISH**

M A N C I O

*Buon giorno!*  
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# LUNCH BOXES

1



+



+



= \$15

SANDWICH

SIDE

2



+



+



= \$22

ENTREE WITH SIDE

TREATS

DRINK

3



+



+



+



= \$20

MARKET BOWL

TREATS

DRINK

## SANDWICHES

choose from:

**SMOKED TURKEY BREAST**  
cucumber, watercress, herb  
mayonnaise, on a baguette

**FRESH MOZZARELLA** veg  
tomatoes, basil, black pepper,  
olive oil drizzle, on a baguette

**HERB ROASTED CHICKEN**  
watercress, tomato, herb mustard,  
on Tuscan flatbread

**TUSCAN KALE & AVOCADO**  
hummus, cucumber, scallions,  
on 7-grain bread

**ITALIAN HERO**  
sopressata, salami, coppa ham,  
prosciutto, roasted peppers, chipotle  
aioli, provolone, on a baguette

## HOT SANDWICHES

choose from:

**TUNA MELT**  
Swiss cheese, avocado,  
tomatoes, red onions  
on toasted whole wheat  
sourdough bread

**TELERA**  
grilled chicken, tomatoes,  
avocado, pepper jack cheese,  
chipotle aioli on a baguette

**BUTTERMILK  
FRIED CHICKEN**  
bacon, tomatoes,  
lettuce, chipotle aioli  
on a brioche roll

## SIDES

choose from:

**MIXED FIELD GREENS** †  
cherry tomatoes, cucumber,  
olive oil & balsamic vinegar

**CAESAR** veg  
romaine lettuce, shaved  
parmigiano, croutons, homemade  
Caesar dressing

**KALE** veg  
butternut squash, dried cranberries,  
toasted almonds, parmigiano,  
lemon vinaigrette

## ENTREES

choose from:

HERB ROASTED CHICKEN

GRILLED SALMON

PENNE ALLA VODKA

## DRINKS

choose from:

COCA COLA

SELTZER WATER

DIET COKE

BOXED WATER

SAN PELLEGRINO:

Aranciata  
Aranciata Rossa  
Limonata

MANGIA

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# MARKET BOWLS

choose from:

## CHICKEN COBB SALAD BOWL

with kale, roasted chicken, hard-boiled egg, cherry tomatoes, red onions, blue cheese, avocado, fresh herbs. Balsamic vinaigrette on the side

## TUNA NICOISE SALAD BOWL

with mesclun greens, cherry tomatoes, haricots verts, roasted fingerling potatoes, hard-boiled egg, black olives, seared tuna. Olive tapenade dressing on the side

## TERIYAKI SALMON

with kale salad, dried cranberries, parmigiano and almond flakes

## BEET SALAD BOWL *(vegetarian)*

with arugula, roasted beets, quinoa, goat cheese, Dijon mustard vinaigrette on the side

## PEAR TRICOLORE SALAD BOWL *(vegetarian)*

with radicchio, endive, arugula, sliced pears, lightly crusted goat cheese, focaccia crisps walnut vinaigrette on the side

# TREATS

choose from:

PIECE OF WHOLE FRUIT 🍷

COCONUT MACAROON 🍷

RAW ORGANIC ALMONDS 3 oz

'SKINNY POPCORN' 4.5 oz 🍷

TRAIL MIX WITH NUTS, SEEDS,  
AND SWEET FRUIT 🍷

DULCE DE LECHE MANGIA COOKIE

MANGIA VEGGIE CHIPS 3 oz 🍷

# SNACK BOXES \$12

CRUDITE  
WITH DIPS

CHEESE  
& FRUIT

TRADITIONAL  
ANTIPASTI

COOKIES  
& FRUIT





# PASSIONATE ABOUT FOOD

In Italian, "mangia" is a simple, loving command that only means one thing: eat! For almost 40 years, Mangia has transformed the way New York eats lunch. In 1981, the family business became one of the first restaurants to focus on fresh, farm-to-table ingredients, crafting a menu of artisanal Italian fare. Today, Mangia instills the same passion into beloved signature favorites and exciting new seasonal dishes. Whether you're sitting down for a quick lunch or catering a large event, our food is always crafted in house, baked fresh daily, and ready to eat. Mangia!

"You are what you Mangia."

A handwritten signature in white ink that reads "Sasha Muniak". The signature is fluid and cursive, with a large loop at the end of the last name.

SASHA MUNIAK, FOUNDER

ALL OFFERINGS ARE SERVED IN ECO-FRIENDLY AND BIODEGRADABLE PACKAGING.  
PLEASE RECYCLE AFTER USE.

WE TAKE ANY DIETARY RESTRICTIONS & PREFERENCES INTO SERIOUS CONSIDERATION.  
PLEASE LET US KNOW ABOUT ANY ALLERGIES OR ADJUSTMENTS.