

# MANGIA

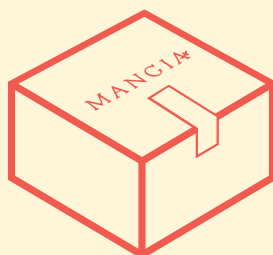
SINCE 1981

# CATERING

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## BOXED

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ORDER ONLINE AT [WWW.MANGIA.NYC](http://WWW.MANGIA.NYC)

(gf) = gluten-free



= vegan

(veg) = vegetarian

MANGIA

*Buon Appetito!*  
PREPARED WITH  
GLOVES AND LOVE

**INGREDIENTS**

100% Tiramisu

100% Gelato

100% Biscuits

100% Cream

100% Sugar

100% Eggs

100% Coffee

100% Chocolate

100% Vanilla

100% Liqueur

100% Alcohol

100% Butter

100% Milk

100% Fruit

100% Nuts

100% Seeds

100% Spices

100% Herbs

100% Flowers

100% Leaves

100% Roots

100% Stems

100% Seeds

100% Fruits

100% Vegetables

100% Grains

100% Legumes

100% Nuts

100% Seeds

100% Spices

100% Herbs

100% Flowers

100% Leaves

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**PREPARED BY**

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# BREAKFAST BOXES

- ①  +  +  = \$12  
BREAKFAST SANDWICH DRINK
- ②  +  +  +  = \$10  
MINI PASTRY YOGURT OR FRUIT SALAD DRINK
- ③  +  +  = \$12  
TARTINE DRINK

## BREAKFAST SANDWICHES

choose from:

STRAPAZZATE PANINI

EGG WRAP

EGGS ON BRIOCHE

EGG WHITE WRAP

## OPEN-FACE TARTINES

choose from:

### AVOCADO & CUCUMBER TOAST 🌱

with tahini, lime juice, red pepper flakes on  
toasted 7-grain bread

### AVOCADO EGG SALAD TOAST

with micro greens, sea salt, black pepper  
on toasted 7-grain bread

### WILD SMOKED SALMON TOAST

with crème fraîche, cucumber, red radish, chives  
on toasted 7-grain bread

## DRINKS

choose from:

### GREEN GODDESS

kale, swiss chard, spinach, celery,  
apple, lemon, ginger

### SKINNY GREENS

kale, spinach, pineapple, mint,  
a hint of jalapeno

### FRESHLY SQUEEZE ORANGE JUICE

### BOXED WATER

## YOGURT CUPS

### GREEK YOGURT

with gluten-free granola  
and roasted blueberries

## MINI PASTRIES

choose from:

### PRETZEL CROISSANT

### BUTTERMILK RAISIN SCONE

### APPLE DANISH



MANGIA

*Buongiorno!*  
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# LUNCH BOXES

①  +  +  = \$15  
SANDWICH SIDE

②  +  +  +  = \$22  
ENTREE WITH SIDE TREATS DRINK

③  +  +  +  = \$20  
MARKET BOWL TREATS DRINK

## SANDWICHES

choose from:

**SMOKED TURKEY BREAST**  
cucumber, watercress, herb  
mayonnaise, on a baguette

**HERB ROASTED CHICKEN**  
watercress, tomato, herb mustard,  
on Tuscan flatbread

**ITALIAN HERO**  
sopressata, salami, coppa ham,  
prosciutto, roasted peppers, chipotle  
aioli, provolone, on a baguette

**FRESH MOZZARELLA** veg  
tomatoes, basil, black pepper,  
olive oil drizzle, on a baguette

**BASIL PARMIGIANO  
CHICKEN SALAD**  
roasted chicken, pesto dressing,  
tomatoes, watercress, on a baguette

**TUSCAN KALE & AVOCADO**  
hummus, cucumber, scallions,  
on 7-grain bread

## HOT SANDWICHES

choose from:

**TUNA MELT**  
Swiss cheese, avocado,  
tomatoes, red onions  
on toasted whole wheat  
sourdough bread

**TELERA**  
grilled chicken, tomatoes,  
avocado, pepper jack cheese,  
chipotle aioli on a baguette

**BUTTERMILK  
FRIED CHICKEN**  
bacon, tomatoes,  
lettuce, chipotle aioli  
on a brioche roll

## SIDES

choose from:

**MIXED FIELD GREENS** †  
cherry tomatoes, cucumber,  
creamy Dijon vinaigrette

**CAESAR** veg  
romaine lettuce, shaved  
parmigiano, croutons, homemade  
Caesar dressing

**ROASTED VEGETABLES** †

**KALE** veg  
butternut squash, dried cranberries,  
toasted almonds, parmigiano,  
lemon vinaigrette

## ENTREES

choose from:

**HERB ROASTED CHICKEN**

**GRILLED SALMON**

**PENNE ALLA VODKA**

## DRINKS

choose from:

**COCA COLA**  
**SALTZTER WATER**  
**DIET COKE**

**BOXED WATER**  
**SAN PELLEGRINO:**  
Pomegranate & Black  
Currant or  
Lemon & Raspberry



MANGIA

*Buongiorno!*  
PREPARED WITH  
GLOVES AND LOVE



**MANGIA**  
MCHLXXXI  
**FRESHLY  
SQUEEZED  
ORANGE  
JUICE**

MANGIA, 432 MADISON, NY 10017  
MADE TODAY, ENJOYED TODAY



# MARKET BOWLS

choose from:

## CHICKEN COBB SALAD BOWL

with kale, roasted turkey, hard-boiled egg, cherry tomatoes, red onions, blue cheese, avocado, fresh herbs. Balsamic vinaigrette on the side

## TUNA NICOISE SALAD BOWL

with mesclun greens, cherry tomatoes, haricots verts, roasted fingerling potatoes, hard-boiled egg, black olives, seared tuna. Olive tapenade dressing on the side

## TERIYAKI SALMON

with kale salad, dried cranberries, parmigiano and almond flakes

## BEET SALAD BOWL *(vegetarian and gf)*

with arugula, roasted beets, quinoa, brown rice, goat cheese.  
Dijon mustard vinaigrette on the side

## PEAR TRICOLORE SALAD BOWL *(vegetarian and gf)*

with radicchio, endive, arugula, sliced pears, lightly crusted goat cheese, focaccia crisps  
Balsamic vinaigrette on the side

# TREATS

choose from:

PIECE OF WHOLE FRUIT 🌿

COCONUT MACAROON 🌿

RAW ORGANIC ALMONDS 3 oz

'SKINNY POPCORN' 4.5 oz 🌿

TRAIL MIX WITH NUTS, SEEDS,  
AND SWEET FRUIT 🌿

DULCE DE LECHE MANGIA COOKIE

MANGIA VEGGIE CHIPS 3 oz 🌿

# SNACK BOXES \$10

CRUDITE  
WITH DIPS

CHEESE  
& FRUIT

TRADITIONAL  
ANTIPASTI

COOKIES  
& FRUIT





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# PASSIONATE ABOUT FOOD

In Italian, “mangia” is a simple, loving command that only means one thing: eat! For almost 40 years, Mangia has transformed the way New York eats lunch. In 1981, the family business became one of the first restaurants to focus on fresh, farm-to-table ingredients, crafting a menu of artisanal Italian fare. Today, Mangia instills the same passion into beloved signature favorites and exciting new seasonal dishes. Whether you're sitting down for a quick lunch or catering a large event, our food is always crafted in house, baked fresh daily, and ready to eat. Mangia!

"You are what you Mangia."

A handwritten signature in white ink, reading "Sasha Muniak". The signature is fluid and cursive, with a large loop at the end of the last name.

SASHA MUNIAK, FOUNDER

ALL OFFERINGS ARE SERVED IN ECO-FRIENDLY AND BIODEGRADABLE PACKAGING.  
PLEASE RECYCLE AFTER USE.

WE TAKE ANY DIETARY RESTRICTIONS & PREFERENCES INTO SERIOUS CONSIDERATION.  
PLEASE LET US KNOW ABOUT ANY ALLERGIES OR ADJUSTMENTS.